

Discounts for Seniors (as of 2013)

This is a list of some stores and services that offer discounts for seniors, mostly in the Ottawa, Gatineau and Orleans region. You will find other possible discounts on the web site [Ottawa Seniors](#).

Banks

The following banks have no monthly fees on personal accounts for seniors 60+: **Canadian Imperial Bank of Commerce (CIBC), Scotia Bank, Royal Bank (RBC)**

The following banks offer reduced monthly fees on personal account for 60+: **Toronto Dominion-Canada Trust, Caisses Desjardins, Bank of Montreal (BMO)**

Moreover, banks offer other discounts for seniors such as a reduced rental fee for safety deposit boxes.

Ask your bank for a list of the discounts and advantages for seniors.

Drugstores (excludes prescriptions and food)

Jean Coutu – 65+, 10% every Wednesday (certain restrictions)

Rexall – 65+, 20% last Tuesday of the month

Pharmaplanet – 65+, 20% last Tuesday of the month

Shoppers Drug Mart – 55+, 20% last Thursday of the month

Entertainment

ByTowne Cinema (Rideau St.) – 65+, \$7 admission fee

Cineplex Cinemas (SilverCity, Odeon, Coliseum) – 65+

General admission: \$8 (\$6 on Tuesdays)

3D: \$11 (\$9 on Tuesdays)

IMAX: \$12 (\$11 on Tuesdays)

Cinéma StarCité Gatineau (115 boul. du Plateau)

General admission: \$9 (\$6 on Tuesdays)

3D: \$12 (\$9 on Tuesdays)

IMAX: \$12 (\$11 on Tuesdays)

Empire Theatres (Ottawa, Kanata, Orleans) - 65+, General Admission \$8, \$5.50 on Tuesdays

Maison de la Culture (de la Gappe, Gatineau) - 60+, \$5 discounts on certain plays

Ottawa Little Theatre – 60+, Individual admission \$22

Great Canadian Theatre Company – 60+, Individual Admission \$35.77

National Arts Centre – 65+, senior discounts for subscriptions to series (varies according to series).

Grocery Stores

Bulk Barn- 60+, 10% every Wednesday except for sale items

Canadian Tire – 65+, 10% on regular price every first Wednesday of the month

Classic Hardwood Flooring – seniors, 10%

Hallmark – 55+, 10% one day per week but day varies according to location

Herb & Spice Shop (375 rue Bank) 65+, 10% every day

Kardish Health Food- 65+, 10% every Tuesday

La Baie - 60+, 15% on first Tuesday of the month

M & M Meat Shops –60+, 5% every Tuesday on orders below \$30; 10% on orders above \$30

M & T Glass (1380 Cyrville) 60+, 10% on certain articles

Northern Reflections – 60+, 10% on first Tuesday of the month

Pantry Plus (2433 St. Joseph Blvd, Orleans) 65+, 10% every Tuesday

Rona – 65+, 10%

Sears - 60+, 10% every 2nd Tuesday on regular price (some restrictions)

Value Village (1221 rue Cyrville) 60+, 20% every Tuesday

Housing

Marriott – 62+, 15% or more, each day

Royal Victoria Apartments, Carleton Place – offers rebates to seniors

Insurance

Car Insurance: Canadian companies must offer a rebate to all retirees who receive a Canadian or Quebec pension

Grey Power Insurance – 50+, up to 15% rebate

Museums

National Art Gallery of Canada – 65+, General Admission \$7

Canadian Museum of Civilization & Canadian War Museum – 65+, General admission \$10, both museums \$15

Canadian Museum of Nature – 65+, General admission \$10

Canadian Science and Technology Museum – 65+, General Admission \$9, Group admissions \$7

Canada Aviation and Space Museum – 65+, General Admission \$9

Restaurants

A&W – 60+, 10%

Boston Pizza - 60+, fidelity card (5 dinners, 6th free)

Golden Griddle – 55+, 10%, excluding alcohol

Herb & Spice Shop (375 Bank) – 65+, 10%

McDonald's – 60+, reduced cost for coffee and free refills

Perkins – special menu for 55+

Royal Buffet Restaurant (2446 rue Bank) 60+, 25% between 4:00-5:30 p.m.

Ruby King Restaurant - 60+ (3014 St. Joseph Blvd, Orleans) 10% discount every day

Services

Barber Shop (Heron Gate Mall) – \$8.50 hair cut for seniors

Certa ProPainters – seniors do not pay GST

First Choice Haircutters – 60+, 20% from Monday to Thursday

Sports

Golf – Most golf courses in the region offer a discount for seniors on Mondays

Swimming (City of Ottawa indoor pools) - 65+, regular pools \$2.50, wave pools \$6.65

Stores

The Bay - 60+, 15% on regular price 1st Tuesday of the month (some restrictions)

Sears - 60+, 10% every 2nd Tuesday on regular price (some restrictions)

Value Village (1221 Cyrville) - 60+, 20% every Tuesday

Pantry Plus (2433 St. Joseph Blvd, Orleans) - 65+, 10% every Tuesday

M & T Glass (1380 Cyrville) - 60+, 10% every day on some articles

Northern Reflections - 60+, 10% 1st Tuesday of the month

Transportation

OC Transpo – 65+, Free on Wednesdays

Monthly pass: \$40 regular or express routes

Per trip: Regular route \$2.55 or 2 tickets; Express route \$4.80 or 3 tickets

Para Transpo \$4.65 between 6:30 - 9:00 a.m.; \$2 after 9 a.m. & weekends

VIA RAIL – 60+, 10% discount on regular fares (*Attention: specials are often cheaper*)

Greyhound Bus – 62+, Discounts between 25% and 30% depending on trip